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spa

YON
KA
PARIS



The beauty rooms

Situated in over seven and a half acres of gardens, the privately owned Welsh Hotel in Cwmbran is an ideal setting for both Business and Pleasure.

This four star AA accredited Luxury Hotel has undergone an uplifting refurbishment after being taken over by the de Savary family in November 2012. The addition of three treatment rooms has been greatly received. Our professional Beauty Therapists have had intense Yon-Ka training to make your experience perfect. Facials

We have carefully chosen and selected the Parisian brand Yon-Ka for our facial treatments which offer a unique aromatic experience. All treatments are carried out by our qualified therapists in our relaxing treatment rooms.

Yon-Ka facials

Facials

Beauty Break Facial

25 minutes | £30.00

Benefits - Radiant, glowing complexion

Introduces you and your skin to the aromas of Yon-Ka.

Le Grande Classique Facial

55 minutes | £55.00

Benefits - Purified skin, a toned complexion and relaxation

This is one of the most elaborate, complete facials that leaves you with clean, perfectly balanced skin and a radiant complexion. Customized and recommended at any age.

Hydralessence Facial

55 minutes | £55.00

Benefits - Renewed, soothed and rebalanced skin

This is a high performance treatment which will quickly help to restore its balance, suppleness and softness.

Vital Defence Faciall

25 minutes | £60.00

Benefits - Rebalanced, cleaned skin

This is devised for young skins (25-35 years) to fight aging caused by external aggression and all skins that are dull and need more vitality or with an uneven complexion.

Vital Elastine Facial

55 minutes | £60.00

Benefits - Smoothing, radiant and visibly younger

This anti-age treatment targets wrinkles and leaves you with a radiant complexion, hydrated and looking visibly younger.

Gift Vouchers

Why not treat someone special with a Parkway Spa gift voucher. Ask at reception or call 01633 871199

Forget about the stresses and strains of everyday life and submerge yourself in a state of relaxation. We pride ourselves on the best personal service in the area with the majority of our clients constantly returning for more pampering time after time.

Treat the body

Massage

Classic Full Body Massage

55 minutes | £50.00

Benefit - Stimulating and Relaxing

This full body massage is ideal for tired, tense muscles and helps increase circulation and induce deep relaxation.

Back Neck & Shoulder Massage

25 minutes | £30.00

Benefit - Relaxing and Soothing

An effective soothing massage to ease tight neck and shoulder muscles.

Heavenly Head & Scalp Massage

45 minutes | £40.00

Benefits - Deep Relaxation

This Scalp Massage also includes a massage to the back to help relax tired aching muscles and help soothe away stress and tension, leaving you refreshed and relaxed.

Hot Stone Massage

55 minutes | £55.00

Benefits - Soothing and stimulating

This Full body massage is performed using hot volcanic stones, the warmth of these help the muscles to relax the effect being a calming and deeply relaxing powerful treatment.

Hot Stone Back, Neck & Shoulder Massage

25 minutes | £35.00

Benefits - Soothing and Relaxing

Hot volcanic stones used to relax and ease the muscles.

Warm Yon-Ka Candle Massage

25 minutes | £35.00

Benefits - Relaxation

This sensual, relaxing and replenishing new body treatment is a back, neck and shoulder massage that allows you to drift into a total state of relaxation, a completely unique experience.

Mother to be Full Body Massage

55 minutes | £50.00

Benefits - Relaxation

This full body massage concentrates on areas of tension that are most commonly associated with pregnancy such as the lower back, lower legs and the feet leaving you feeling totally pampered. Not suitable for the first trimester.

Holistic

Reflexology

50 minutes | £40.00

Benefits – Relieves tension, stimulating and soothing

A specialised massage technique concentrating on reflex areas of the feet. The feet are like a map of the body with different areas corresponding to particular organs of the body. Reflexology is a relaxing method of stimulating the body's self healing properties.

Full Body Aromatherapy

Massage

55 minutes | £55.00

Benefits – Soothing, Energising and Balancing

This full body aromatherapy massage uses techniques that work to relax and unwind both body and mind to create a deep sense of well being.

Eye treatments

A H Francis Lash Extensions

Full set | £70.00 Audrey Sweep | £40.00 Infills | £25.00

Semi-Permanent lash extensions that give you naturally looking longer, thicker lashes. (patch test required 24 hours prior to treatment)

Eye lash tint

£10.00

Eye brow tint

£10.00

Eyelash & Eyebrow tint

£15.00

Eyebrow shape

£10.00

(all tinting requires a patch test at least 24 hours prior to treatment)

St Tropez

A healthy way to achieve a professional flawless finish for beautiful and radiant sun-kissed skin.

St Tropez Classic Spray Tan

£22.00

St Tropez Express Tan

£25.00

St Tropez Manual Tan

£35.00

Make up

Bridal make up and trial

£50.00

Make up application

£30.00

Hands & feet

Classic Manicure

45 minutes | £25.00

This includes file, cuticle work, hand massage and a polish of your choice.

Deluxe Manicure

55 minutes | £30.00

This deluxe manicure also includes thermal heated mitts to help aid the penetration of creams and boost circulation.

Classic Pedicure

45 minutes | £25.00

This includes file, cuticle work, removal of hard skin, scrub, soak, foot massage and a polish of your choice.

Deluxe Pedicure

55 minutes | £30.00

This deluxe pedicure also includes thermal heated booties to help aid the penetration of creams and boost circulation. (Don't forget your flip flops).

Shellac

45 minutes | £15.00

Shellac acts like an extra strong nail polish with lasting results. This includes file, cuticle work and application of your chosen shellac colour.

Removal of Shellac and Re-apply £20.00

Removal of Shellac (with nail tidy) £5.00

Nail Shape & Polish (hands or feet)

25 minutes | £15.00

Male Manicure

25 minutes | £20.00

This includes file, cuticle work and hand massage.

Male Pedicure

45 minutes | £30.00

This includes file, cuticle work, foot massage and dead skin removal.

Waxing

Full Leg

£20.00

Half Leg

£15.00

Bikini

£10.00

Underarm

£10.00

Lip or Chin

£10.00

Terms And Conditions

- Please arrive at the Spa Reception 15 minutes prior to your treatment time.
- Late arrival will deprive you of precious minutes of your treatment time and could also result in your treatment being cancelled with the full cost being charged.
- If you cancel your treatment with less than 24 hours notice then a full charge will still be made.
- If you have booked a pedicure then do not forget to bring your flip flops.
- During all treatments our therapists are trained to keep clients modesty at all times.
- All clients upon arrival will be asked to fill out a client consultation form to ensure that the chosen treatments are suitable.
- Some of our treatments are not suitable for pregnancy or some health conditions if you do have any concerns then please do not hesitate to contact the spa prior to arrival.
- For all of our treatments underwear must be worn therefore we also request that damp swim suits are removed prior to your treatment.
- After waxing then all heat treatments and use of the swimming pool are not to be used for 24 hours.
- All tinting requires a patch test at least 24 hours prior to treatment.
- All lockers take a £1.00 coin.
- Members of The Parkway Hotel are entitled to a 10% discount off all treatments but this cannot be used in conjunction with any other offer.
- Treatments are available daily at The Parkway Hotel subject to availability to make an appointment then please contact the hotel main reception.
- All information is correct at time of going to press but is subject to variation without notice.
- All treatments include time for collection, consultation and changing.
- A credit or debit card number will be required to secure the booking. The card will only be charged in the event of a cancellation outside of the cancellation policy.

For Spa Reservations and Information please contact us direct on 01633 871199 or at spa@theparkwayhotel.co.uk