



Spa

YON  
KA  
PARIS



# The beauty rooms

Situated in over seven and a half acres of gardens, the privately owned Welsh Hotel in Cwmbran is an ideal setting for both Business and Pleasure.

Our professional Beauty Therapists have had intense Yon-Ka training to make your experience perfect.

We have carefully chosen and selected the Parisian brand Yon-Ka for our facial treatments which offer a unique aromatic experience. All treatments are carried out by our qualified therapists in our relaxing treatment rooms.

# Yon-Ka facials

## Beauty Break Facial

25 minutes | £40.00

### **Benefits - Radiant, glowing complexion**

Introduces you and your skin to the aromas of Yon-Ka.

## Le Grande Classique Facial

55 minutes | £65.00

### **Benefits - Purified skin, a toned complexion and relaxation**

This is one of the most elaborate, complete facials that leaves you with clean, perfectly balanced skin and a radiant complexion. Customized and recommended at any age.

## Hydralessence Facial

55 minutes | £65.00

### **Benefits - Renewed, soothed and rebalanced skin**

This is a high performance treatment which will quickly help to restore its balance, suppleness and softness.

## Vital Defence Facial

55 minutes | £70.00

### **Benefits - Rebalanced, cleaned skin**

This is devised for young skins (25-35 years) to fight aging caused by external aggression and all skins that are dull and need more vitality or with an uneven complexion

## Vital Elastine Facial

55 minutes | £70.00

### **Benefits - Smoothing, radiant and visibly younger**

This anti-age treatment targets wrinkles and leaves you with a radiant complexion, hydrated and looking visibly younger.

### **Gift Vouchers**

Why not treat someone special with a Parkway Spa gift voucher. Ask at reception or visit [www.parkwayhotelandspa.com/gift-vouchers](http://www.parkwayhotelandspa.com/gift-vouchers)

Forget about the stresses and strains of everyday life and submerge yourself in a state of relaxation. We pride ourselves on the best personal service in the area with the majority of our clients constantly returning for more pampering time after time.

# Treat the body

## Massage

### Classic Full Body Massage

55 minutes | £60.00

#### **Benefit – Stimulating and Relaxing**

This full body massage is ideal for tired, tense muscles and helps increase circulation and induce deep relaxation.

### Back Neck & Shoulder Massage

25 minutes | £40.00

#### **Benefit – Relaxing and Soothing**

An effective soothing massage to ease tight neck and shoulder muscles.

### Head, Back & Neck Massage

45 minutes | £50.00

#### **Benefits – Deep Relaxation**

This Scalp Massage also includes a massage to the back to help relax tired aching muscles and help soothe away stress and tension, leaving you refreshed and relaxed.

### Hot Stone Massage

55 minutes | £65.00

#### **Benefits – Soothing and stimulating**

This Full body massage is performed using hot volcanic stones, the warmth of these help the muscles to relax the effect being a calming and deeply relaxing powerful treatment.

### Hot Stone Back, Neck & Shoulder Massage

25 minutes | £45.00

#### **Benefits – Soothing and Relaxing**

Hot volcanic stones used to relax and ease the muscles.

# Massage

## Warm Yon-Ka Candle Massage

25 minutes | £45.00

### **Benefit – Relaxing**

This sensual, relaxing and replenishing new body treatment is a back, neck and shoulder massage that allows you to drift into a total state of relaxation, a completely unique experience.

## Mother to be Full Body Massage

25 minutes | £45.00

55 minutes | £60.00

### **Benefit – Relaxing**

This massage concentrates on areas of tension that are most commonly associated with pregnancy leaving you feeling totally pampered & relaxed.

Not suitable for the first trimester

# Holistic

## Reflexology

50 minutes | £50.00

### **Benefits – Relieves tension, stimulating and soothing**

A specialised massage technique concentrating on reflex areas of the feet. The feet are like a map of the body with different areas corresponding to particular organs of the body. Reflexology is a relaxing method of stimulating the body's self healing properties.

## Full Body Aromatherapy Massage

55 minutes | £65.00

### **Benefits – Soothing, Energising and Balancing**

This full body aromatherapy massage uses techniques that work to relax and unwind both body and mind to create a deep sense of well being.

# St Tropez

A healthy way to achieve a professional flawless finish for beautiful and radiant sun-kissed skin.

### **St Tropez Express Tan**

£25.00

# Eye treatments

Eye lash tint	£10.00
Eyelash & Eyebrow tint	£15.00
Eye brow tint	£10.00
Eyebrow shape	£10.00

# Hands & feet

## Deluxe Manicure

55 minutes | £30.00

Add Shellac for an additional £5.00

The ultimate Manicure includes file, cuticle work, hand massage & thermal heated mitts to help aid the penetration of creams and boost circulation.

Completed with a polish of your choice.

## Deluxe Pedicure

55 minutes | £30.00

Add Shellac for an additional £5.00

The ultimate pedicure includes file, cuticle work, removal of hard skin, scrub, soak, foot massage & thermal heated booties to help aid the penetration of creams and boost circulation.

Completed with a polish of your choice.

## Lash Lift

50 minutes | £30.00

A natural semi permanent lash treatment to lift the lashes. This treatment last 8 - 12 weeks.

## Shellac

45 minutes | £20.00

Shellac acts like an extra strong nail polish with lasting results. This includes file, cuticle work and application of your chosen shellac colour.

Removal of Shellac and Re-apply £25.00

Removal of Shellac (with nail tidy) £8.00

## Nail Shape & Polish (Hands or feet)

25 minutes | £15.00

## Male Manicure

25 minutes | £20.00

This includes file, cuticle work and hand massage.

## Male Pedicure

45 minutes | £25.00

This includes file, cuticle work, foot massage and dead skin removal.

# Waxing

Full Leg	£25.00	Lip	£10.00
Half Leg	£20.00	Chin	£10.00

## Terms And Conditions

- Please arrive at the Spa Reception 15 minutes prior to your treatment time.
- Late arrival will deprive you of precious minutes of your treatment time and no payments will be refunded.
- If you cancel your treatment with less than 24 hours notice , no payment will be refunded.
- If you have booked a pedicure then do not forget to bring your flip flops.
- During all treatments our therapists are trained to keep clients modesty at all times.
- All clients upon arrival will be asked to fill out a client consultation form to ensure that the chosen treatments are suitable.
- Some of our treatments are not suitable for pregnancy or some health conditions if you do have any concerns then please do not hesitate to contact the spa prior to arrival.
- For all of our treatments underwear must be worn therefore we also request that damp swim suits are removed prior to your treatment.
- After waxing then all heat treatments and use of the swimming pool are not to be used for 24 hours.
- All tinting requires a patch test at least 24 hours prior to treatment.
- All lockers take a £1.00 coin.
- Members of the Parkway Hotel & Spa Leisure Club are entitled to a 10% discount off all treatments but this cannot be used in conjunction with any other offer.
- Treatments are available daily at the Parkway Hotel subject to availability. To make an appointment please contact the hotel main reception.
- All information is correct at time of going to press but is subject to variation without notice.
- All treatments include time for collection, consultation and changing.
- Full payment is required upon booking of your treatments. Should you wish to cancel, the payment will only be refunded/ transferred on bookings with over 24 hours notice.

For Spa Reservations and Information please contact us direct on 01633 871199 or at [sales@theparkwayhotel.co.uk](mailto:sales@theparkwayhotel.co.uk)



★★★★

PARKWAY

HOTEL AND SPA

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